



Patient Roundup

12 – 23 February 2018

Crawley CCG and Horsham and Mid Sussex CCG

Welcome to the new format for the Patient roundup for 2018. We are now part of the Central Sussex Commissioning Alliance, a new joint way of working across the four CCGs (Clinical Commissioning Group) of central Sussex – Brighton and Hove, Crawley, High Weald Lewes Havens and Horsham and Mid Sussex – that will allow the organisations to work closer together to commission services more efficiently and effectively for our local populations.

AGM Hold the date - 3rd July 2018, Crawley

A provisional date for the AGM has been set for the 3rd July for 2018 at 12pm to 1pm at Broadfield Stadium, Crawley. NHS Crawley and NHS Horsham and Mid Sussex Clinical Commissioning Groups will hold their AGMs together. A meeting of the Governing Body will follow the AGM and will start at 1:15pm. The AGM is an opportunity to look back on some of the successes and highlights of the past year and to discuss future plans for the NHS in Crawley, Horsham and Mid Sussex. All are welcome. This year's AGM will be a smaller event than in previous years, taking around an hour, with tea and coffee refreshments.

Maternity Services in Sussex: Survey closes 31 March 2018

If you or your partner has used maternity services in Sussex in the last three years, we would love to hear from you. For more information and to complete the survey please follow the [link](#).

When its #notanemergency and you need you can go online and use NHS Choices at www.nhs.uk or dial 111 and speak to a highly trained adviser, supported by healthcare professionals. To download your guide to #helpmyGP visit

Sussex Partnership NHS Foundation Trust

Admiral Nurse Service

For a family carer of someone who has a diagnosis of Dementia, an Admiral Nurse can:

- provide specialist practical advice, and emotional and psychological
- be your single point of contact, helping to join up different parts of the health and social care system
- give you the knowledge to understand dementia and its effects, and the skills to improve how you communicate with someone living with dementia.
- offer advice on referrals to other services and liaise with health and social care professionals on your behalf
- support you at difficult times in your dementia journey

Each Admiral Nurse service is operated as a partnership between Dementia UK and a host organisation. Your local service is hosted by Sussex Partnership NHS Trust and covers Crawley CCG and Horsham and Mid Sussex CCG.

The service can be contacted directly on 0300 304 0028 for further information with regards to referral.

NHS England:



Medicines on prescription that can be bought over the counter -We want to hear your views – survey ends 28th February

In the year prior to June 2017, the NHS spent approximately £569 million on prescriptions for medicines which can be purchased over the counter from a pharmacy and other outlets such as supermarkets. People are also able to easily access information on managing their health online and through community pharmacists. NHS England asked people what they think about spending less on medicines for some illnesses by supporting people to treat themselves. In response to feedback, a list of 33 illnesses that can be treated using over the counter medicines has been made, and NHS England are asking further questions about views on the prescription of medicines for these health issues. We are supporting NHS England with this survey by seeking the views of local people; the results of the national consultation will inform the work we do locally and determine whether we consider making any changes to existing local policies.

For further information or to complete the survey please visit the [Crawley CCG](#) or [Horsham and Mid Sussex CCG](#) websites.

Involvement – From NHS In touch bulletin 63 [Click here](#)

NHS England's Rare Diseases Advisory Group seeking new patient or public representative

NHS England is seeking a new patient or public recruit to its Rare Diseases Advisory Group (RDAG). For more information and to request an application pack please e-mail england.voice-crg@nhs.net.

Service users and carers - have your say on the Mental Health Act

Service users and carers with experience of the Mental Health Act are asked to complete an online survey to have their say on an [Independent Review of the Act](#).

The survey, which closes on 28 February 2018, [can be completed online](#) and includes questions about individuals and their experiences.

Crawley Community

International Women's Day 2018 | RIVERS LPC Event: Breaking Taboos: This year's campaign theme for International Women's Day is #PressforProgress and Rivers LPC will be hosting an open workshop event for both men and women in order to raise awareness in the community about certain taboo topics of conversation. The event is being held on Thursday 8 March from 9:30-12:30 at the Civic Hall, Crawley, RH11 1UZ. For more information and to register to attend [click here](#).

Let's Talk TB: for non-health professionals working with those at risk of Tuberculosis (TB):

A free information evening is being held on Wednesday 21 March 2018, from 5 - 6.30pm at the Bill Buck Room, Crawley Library, RH10 6HG. The event is open to anyone working within the Crawley community to learn about and discuss within Crawley, to understand the steps to take to reduce rates and gain one to one advice on TB within your organisation. For more information please call Surrey and Sussex TB Team Crawley Hospital Tel: 01293 600 300 x4014 or email tr.tbnurses@nhs.net

Expert Patient Programme courses: The course is for adults living with any long term physical or mental health conditions who would like to learn new skills to help them better manage their symptoms. The course is free and run once a week for 6 weeks starting from Thursday 22nd March – Thursday 26th April 2018, from 7pm – 9.30pm each week, at Crawley Baptist Church, Crabtree Road, West Green, Crawley, RH11 7HJ. For more information follow the [link](#).

Crawley CVS

Crawley CVS news

Get to know the Funders Event: This event being held on 29 March 2018, from 9am - 3pm, at K2

Crawley. For more information follow the [link](#).

Short breaks and fun days for disabled children and young people at K2 Crawley, Saturday 17th March 2018. Sessions 10am until 3pm for ages 25 and under. Please ensure that children are accompanied by a parent or carer at all times. See link for more information www.crawley.gov.uk/disabilitysport

Transforming children and young people's mental health Green Paper launched consultation until **2nd March 2018**. To take a look at the paper and provide your views on the proposals visit: [Transforming children and young people's mental health Green Paper](#)

SASBAH: The Sussex Association for Spina Bifida & Hydrocephalus. SASBAH, formed as an independent charity in 1965 to meet the growing demand for support services for those with Spina Bifida and Hydrocephalus in Sussex. Contact <http://www.sasbah.org.uk/>

Horsham and Mid Sussex Community

HAMSVA E Bulletin- 14 February 2018 [Click here](#)

Note HAMSVA are being rebranded to Mid Sussex Voluntary Action (MSVA) from 2nd April following the announcement from Horsham District Council that they will no longer be funding HAMSVA to deliver Voluntary and Community sector support in the Horsham district. Please see the bulletin for full details.

West Sussex County Council Voluntary and Community Sector Engagement Event

WSSCC is reviewing its strategic relationship with the Voluntary and Community Sector and its approach to commissioning. It is important that they hear your views about the support that your organisation needs. WSSCC is holding an event with VCS groups on 27th February at the Charmandean Centre, Worthing. If you would like more information or would like to attend, please email voluntas@westsussex.gov.uk.

'What next for Horsham' Networking Event, from 10am to 1pm on Monday 5 March at the Roffey Millennium Centre in Horsham, RH12 4DT. This event will focus on the future support for the community and voluntary sector in Horsham District. Please see the above link to the E Bulletin.

West Sussex County Council

Local Area SEND Inspection: Parents & Carers – you are invited to share your experiences with OFSTED & CQC as part of their Inspection Of West Sussex next week. There are 2 ways to have your say either the webinar on Friday 23 February or face to face at the Focus group meeting in Chichester on Wednesday 28 February. For full details follow the [link](#).